



Animo Sprint Triathlon 2009

Location: Ayala Alabang Village	Date: 14 June 2009	Start: 7:00 AM
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Technical Director: Mr. Jose Eviza

Data of Course

Swim :950m

Bike: 30k

Run: 6.9km.

Rank	Bib	Last Name	Age	Sex	Team	SWIM	BIKE	RUN	Finish Time
1	F2	PE BENITO, JOHANNA	16	F	TRI HARD	0:19:08.00	0:57:47.00	0:41:35.00	1:58:30.00
2	F28	CARPO, LEICA	41	F	POLO TRI 1	0:24:20.00	1:05:02.00	0:36:50.00	2:06:12.00
3	F22	DE GUZMAN, NICOLE	36	F		0:19:22.00	1:09:51.00	0:40:40.00	2:09:53.00
4	F19	QUE PE CHING, CAROLYN	35	F		0:22:14.00	1:10:02.00	0:38:45.00	2:11:01.00
5	F26	FARRALES, LEANA	40	F		0:24:26.00	1:07:33.00	0:40:35.00	2:12:34.00
6	F30	CAYETANO, PIA	43	F		0:23:42.00	1:06:53.00	0:44:10.00	2:14:45.00
7	F9	HERNANDEZ, TRINA	25	F		0:21:22.00	1:10:17.00	0:44:44.00	2:16:23.00
8	F23	VILLANUEVA, MESHELLE	36	F		0:22:16.00	1:15:45.00	0:39:27.00	2:17:28.00
9	F11	DE GUZMAN, LAARNI	30	F		0:23:30.00	1:14:09.00	0:40:53.00	2:18:32.00
10	F1	SANTOS, GABRIELLE MARIE	16	F		0:19:37.00	1:14:30.00	0:47:04.00	2:21:11.00
11	F15	LAGMAN, ANDREA	32	F	TRI HARDER	0:23:36.00	1:10:37.00	0:49:45.00	2:23:58.00
12	F29	YABUT, DEBORAH	41	F	POLO TRI 2	0:22:05.00	1:15:25.00	0:47:04.00	2:24:34.00
13	F8	SILVA, JESSICA	27	F		0:24:13.00	1:15:14.00	0:46:40.00	2:26:07.00
14	F20	COLENDRINO, YVONNE	35	F		0:27:32.00	1:13:51.00	0:47:33.00	2:28:56.00
15	F12	BENIPAYO, HAZEL	30	F		0:19:18.00	1:14:39.00	0:57:29.00	2:31:26.00
16	F27	BELTRAN, ALESSANDRA LANI	40	F		0:24:29.00	1:25:08.00	0:42:31.00	2:32:08.00
17	F24	GO TIAN, CHERYLSON	36	F		0:24:35.00	1:20:18.00	0:47:22.00	2:32:15.00
18	F21	YPON, GWENDOLYN REANON	35	F		0:27:29.00	1:18:28.00	0:47:50.00	2:33:47.00
19	F18	NINAL, ANGELINE	34	F	TRI HARDEST	0:22:40.00	1:20:58.00	0:50:42.00	2:34:20.00
20	F31	JOSON-PASCUAL, ROSALINA	45	F		0:22:04.00	1:24:07.00	0:48:14.00	2:34:25.00
21	F25	BICALDO, GRACE	37	F		0:28:03.00	1:21:00.00	0:52:47.00	2:41:50.00
22	F16	BUENAVENTURA, IVY	33	F		0:35:15.00	1:16:05.00	0:54:56.00	2:46:16.00
23	F13	BARROS-ALLEN, SAMANTHA	31	F		0:28:12.00	1:28:48.00	0:50:39.00	2:47:39.00
24	F32	GO TIAN, JANISON	45	F		0:27:25.00	1:28:51.00	0:54:44.00	2:51:00.00
25	F17	CRANBOURNE, RAEANNA	33	F		0:31:20.00	1:34:05.00	0:53:09.00	2:58:34.00
26	F4	ORCENA, CAROLINE	22	F		0:22:07.00	1:39:44.00	1:01:29.00	3:03:20.00
27	F7	DEONA, MARGA	23	F		0:28:18.00	1:34:31.00	1:03:09.00	3:05:58.00
28	F3	ANG, MELISSA	21	F		0:26:10.00	1:57:00.00	1:00:42.00	3:23:52.00
29	F5	ARAMBULO, BIANCA	22	F					DNS
30	F6	CARGANILLA, JEWEL MARIE	22	F					DNS
31	F14	BALAGUER, PAULINE TONICHI	32	F					DNS
Lacks Bike Loop									
	F33	PRIETO-VALDES, TESSA	46	F		0:22:34.00	1:15:13.00	0:44:22.00	2:22:09.00
1	F2	PE BENITO, JOHANNA	16	F	TRI HARD	0:19:08.00	0:57:47.00	0:41:35.00	1:58:30.00
2	F28	CARPO, LEICA	41	F	POLO TRI 1	0:24:20.00	1:05:02.00	0:36:50.00	2:06:12.00
3	F22	DE GUZMAN, NICOLE	36	F		0:19:22.00	1:09:51.00	0:40:40.00	2:09:53.00
4	F19	QUE PE CHING, CAROLYN	35	F		0:22:14.00	1:10:02.00	0:38:45.00	2:11:01.00

5	F26	FARRALES, LEANA	40	F		0:24:26.00	1:07:33.00	0:40:35.00	2:12:34.00
19 & BELOW									
	F1	SANTOS, GABRIELLE MARIE	16	F		0:19:37.00	1:14:30.00	0:47:04.00	2:21:11.00
20 - 29 YRS. OLD									
1	F9	HERNANDEZ, TRINA	25	F		0:21:22.00	1:10:17.00	0:44:44.00	2:16:23.00
2	F8	SILVA, JESSICA	27	F		0:24:13.00	1:15:14.00	0:46:40.00	2:26:07.00
3	F4	ORCENA, CAROLINE	22	F		0:22:07.00	1:39:44.00	1:01:29.00	3:03:20.00
30 - 39 YRS. OLD									
1	F23	VILLANUEVA, MESHILLE	36	F		0:22:16.00	1:15:45.00	0:39:27.00	2:17:28.00
2	F11	DE GUZMAN, LAARNI	30	F		0:23:30.00	1:14:09.00	0:40:53.00	2:18:32.00
3	F15	LAGMAN, ANDREA	32	F	TRI HARDER	0:23:36.00	1:10:37.00	0:49:45.00	2:23:58.00
40 & OVER									
1	F30	CAYETANO, PIA	43	F		0:23:42.00	1:06:53.00	0:44:10.00	2:14:45.00
2	F29	YABUT, DEBORAH	41	F	POLO TRI 2	0:22:05.00	1:15:25.00	0:47:04.00	2:24:34.00
3	F27	BELTRAN, ALESSANDRA LANI	40	F		0:24:29.00	1:25:08.00	0:42:31.00	2:32:08.00
			0	0					
LA SALI									
			0	0					
1	F2	PE BENITO, JOHANNA	16	F	TRI HARD	0:19:08.00	0:57:47.00	0:41:35.00	1:58:30.00
2	F32	GO TIAN, JANISON	45	F		0:27:25.00	1:28:51.00	0:54:44.00	2:51:00.00